

## Umpire Tournament Preparation Exercise

Umpire Name: \_\_\_\_\_

Contact Mobile Phone Number: \_\_\_\_\_

Email address: \_\_\_\_\_

### Objectives of this Planning and Preparation Exercise

- To encourage you to start your tournament preparation now
- To help your Coach (Simon Taufel) help understand you and your goals and then feedback back to you on your development / progress
- Assist you in having a successful and enjoyable tournament
- To be a better umpire (and individual) at the end of the tournament (to have learned more about yourself and your umpiring).

### Coaching and Feedback Relationship

This relationship needs to be based on a two-way relationship of

- Honesty
- Respect
- Hard work
- Leadership
- Professionalism

This is what you can expect from me and it is what I expect from you.

### Preparation tasks

1. Please send your current Cricket Umpire Annual Plan to ----- (if not already done so). If you do not have a current annual plan, then please at least send your
  - a. Current Umpire Strengths
  - b. Current Areas to Develop
  - c. Short term goals for this year / season
2. Your last two match self assessments

### Preparation Exercises

In order to plan for a successful and enjoyable tournament, we need to think about our current game, opportunities and where we want to be at the end of it.

Given your appointed role in the tournament, it is necessary to identify some tournament specific goals and objectives. For us to make progress together, these goals need to be **S.M.A.R.T.**

**Specific** – identify something specific (not general) e.g. I want to improve my communication skills / language so that people understand my comments.

**Measurable** – we chose a goal that can be measured in some way so that we know (or otherwise) if it has been achieved by the end of the tournament.

**Appropriate** – choose a goal that is one of your development issues, not one of your strengths and try to choose something that is a process goal (something you have control over) and not an outcome goal (like appointments).

**Realistic** – choose a goal / objective that is within reach – a stretch but within reach if you apply yourself and work hard.

**Timely** – the goal has a deadline, which is the end of this tournament to be achieved by.

1. Please describe to me (and yourself) what a successful and enjoyable Tournament would look like. What things need to happen for this to be a successful event according to you?

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2. Please think carefully about this tournament and identify between 3-5 goals that you would like to achieve over the matches:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

3. Is there anything in particular that you need to help you have a successful Tournament that -----can help you with?



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If you have any questions in the meantime, please feel free to write to me or contact me on Skype (Skype name is -----).

Please send your work and files to ----- via email to: